

OUR TIME PRESS

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THE BAD ...

Fractured Nation, Fractured Homes, Fractured Lives



Pages 2, 3, 5

On Herkimer St., Elgin Elias' home is under attack. P 3.

Photo: Mark Stewart

... AND THE BEAUTIFUL

Strong Women Getting Stronger

20th Anniversary Reprint 10-25-97

The empty buses rolled into Brooklyn early Saturday morning. Across the rain-washed Manhattan Bridge the Greyhounds came, their empty seats silhouetted against gas-station neon, appearing as ghosts through fog-wet windows. The buses were coming to transport the keepers of the maternal instinct of the African people. *The Mother Wit. The Women.*

It was Saturday, October 25, 1997. And as if to demonstrate the power of the Sisterhood, two women, known only to family, friends and co-workers, gave life to an event which will stand as a milestone for Africans-in-the-Americas.

As they returned from the march, we saw that over a million women had flexed a spiritual muscle that did not involve the usual power players of big-time media, money, national fame or political clout.

This march is another stunning achievement in the legacy that Black women have given America. Whether it was Sojourner Truth, Harriet Tubman, Fannie Lou Hamer, Ida B. Wells, Mary McCloud Bethune or any of the unknown others, Phile Chionesu and Asia Coney, take their place in the long line of women who saw the need to save the children of our ancestors and acted. It was about women beating a spiritual drum that summoned over a million souls, and by its very existence told them, anything is possible.

This is the spirit that many bring back and put to work in their lives and in their homes. It is a nurturing process, and as the first life-givers, African women have had more practice than most. That shared consciousness of child-bearing and nurturing in

→ Continued on page 7

MARCH 25th is WOMAN'S DAY in CENTRAL BROOKLYN

Woman's History Month comes full force in one day when several local events take place on Saturday, March 25th, kicked off by a morning tribute to community leader and queen, the Honorable Annette Robinson, and later anchored by the separate Women of Courage Awards Luncheon salute to some powerful ladies in the former Assemblywoman's neighborhood "court."

As we go to press, program logistics for the tribute to Ms. Robinson -- who Our Time Press once deemed Mayor of Bedford-Stuyvesant -- include major events at locations representing the keystones of her life: faith and community action.

The day will begin with a symbolic walk from Bedford-Stuyvesant Restoration Corporation to Concord Baptist Church of Christ, representing the location of Ms. Robinson's early years in public service and ending with the joyful celebration of her life and work.



Queen Annette

This event is the *community's* tribute to Ms Robinson. Representatives from block associations, civic groups, community-based organizations, schools and religious organizations will all gather in Memorial Hall to welcome "*our queen*."

→ Continued on page 6

– Olando Pitts, Engine 266



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VIEW FROM HERE

Fractured nation, fractured homes, fractures lives

■ By David Mark Greaves

After FBI Director James Comey testified that there was no evidence to support Trump's charge of wiretapping against Obama, we now know we have a president who is at best a certified liar and at worse, delusional. And while the FBI continues its criminal investigation of the Trump campaign, their associates, and perhaps the President himself, to determine if they colluded with the Kremlin to rig the 2016 elections, we have to go about our everyday rituals in a normal way.

And then there is the matter of the December 19.5% sale of Rosneft the giant state-owned Russian oil company. Interesting because it was reported that in July a Trump associate was offered 19% that company if Trump became president and removed sanctions.

Sold to unknown purchasers through a Cayman Islands account. And while these may be only coincidences, if it comes to pass that it is something more than that, I don't know which would be the worst revealed: That they wreaked havoc in the country for the money or because of the shame of the Kompromat.

If this were Obama, the Republicans would be howling for impeachment. Instead, it's party above country. They are so addicted to power, that they will

rationalize the fracturing of the nation because they vote their constituencies in their surgically gerrymandered districts.

So absent a special prosecutor and unless there are criminal charges filed—a not unlikely prospect given Comey's testimony-- a twitter provocation aimed at North Korean leader Kim Jong-un or some other fiasco prompting Trump's removal for mental instability, this is our life for the next three years, 300 days.

Maybe from Ivanka's new office in the West Wing will come the voice of a Trump Whisperer, curtailing the impulses of the commander-in-chief, soothing his paranoia and getting him to stay on script. Good luck with that. The man is what he is and we cannot allow him to distract us from our script and our community.

It has been long documented that this is a community under constant assault from real estate professionals preying on the elderly and homeowners who find they have no place to turn and have their homes taken like in the old West land grabs, "all nice and legal-like." The cracks in the interior and exterior walls of Ms. Elias's Herkimer Street house, apparently caused by the construction next door, have been met with indifference by both the city and the developer, has made her one more senior having to fight against the forces of avarice and greed. Her story, page 3.

Obama in the Media

4/15/16

GQ Magazine: Obama is one of the Greatest Presidents of Our Time

■ By Ryan Denson for adictinginfo.org (April 15, 2016 4:26 pm)

Like Rolling Stone before them, GQ magazine is hailing President Obama as one of the greatest presidents of our time. Calling him "20 dollar bill" great and "Mount Rushmore" great, GQ's Jim Nelson puts it plainly:

"Something is dawning on us—it's almost too soon for us to admit, but it's there, a half-considered thought only now blooming in our brains. Maybe we dismiss it with one of those quick cognitive fly swats. Nah, too early to say or I hate that guy. But the truth is coming and it sounds like this: Barack Obama will be inducted into the League of Great Presidents."

In fact, Nelson is so confident that President Obama will be remembered as one of the greatest presidents, that he predicts, in due time, Obama will overtake Clinton as the best one since FDR. Now that's a lot of confidence. But how can Nelson be certain of such a grand prediction? It's really, really simple: he got stuff done. He helped save the world and the United States' economy, he signed into law Obamacare, his character

was paramount in the face of unprecedented obstruction, and yes, he is the first black president. But there was one special, electrifying quality that President Obama gave us that the best of the best have given us: his speeches. His ability to communicate and relate to the average American was unlike any other.

"With Obama, each thoughtful step of the way, from his soaring acceptance speech ('The road ahead will be long. Our climb will be steep...') to his epic speeches on race and religion, his responses to the shootings in Tucson and Newtown, the killing of Osama bin Laden, the opening of Cuba ('Todos somos Americanos!') and countless other momentous occasions, he knew how to speak to our better angels at a time when it was hard to locate any angels."

With his mesmerizing clout, President Obama was able to do what others before him – like LBJ, Clinton and FDR – did, and that was get things done. In an era when "getting things done" is a thing too often out of reach, President Obama overcame the odds.

"I agree completely with GQ – President Obama is one of the nation's finest presidents, and history will be very kind to him. As it should be."



IN THE NEWS ...

National Institute of Corrections Report: Women Shortchanged by Justice Reforms

A recent report on "Women in Justice: Gender and the Pathway to Jail" from the Prisoner Reentry Institute of John Jay College of Criminal Justice summarized issues related to gender and criminal justice reform.

The report argues that "reforms must be gender-responsive, faithful to the principles of parsimony and proportionality, and engage social services to better serve individuals with criminal justice involvement."

It also illustrates how women of color are disproportionately victims of the system.

Here are some report highlights:

The number of women in the American justice system has grown exponentially by more than 700% from 1980 to 2014.

Women of color, in particular, are disproportionately arrested and incarcerated.

The New York City data (from Rikers Island) shows that "women are charged with less serious crimes, are less likely to be charged with violent crimes and are less likely to return to jail within one year."

Recommended guiding principles of reform:

Interventions to address the needs of justice-involved women in New York City must be gender-responsive and trauma-informed. The criminal justice system should be

used as a hub for identifying the needs of NYC's justice-involved women and connecting them to social services, but should not mandate participation in programming as part of sentencing or pretrial conditions unless it is a proportionate and parsimonious response.

Social service systems must recognize, engage and attend to the needs of women with criminal justice system involvement.

Recommendations for gender-responsive targeted interventions:

Divert offenses common to women with behavioral health needs;

Increase the use of non-monetary release mechanisms;

Expand pretrial alternatives to individuals charged with certain serious crimes;

Increase defender-based pretrial advocacy capacity;

Increase alternatives to short jail sentences for misdemeanors;

Ensure that gender-responsive services are allocated system-wide; and

Facilitate community connections.

In recognizing there are fractures in the criminal justice system, the National Institute of Corrections has taken a huge step to correcting – or at least solving -- the problem.

Elgin Elias' Herkimer St. Home is Under Attack!

So what is the New York City Department of Buildings doing to protect homeowners who are under attack by unscrupulous developers? Where's the justice for the righteous when unscrupulous contractors are bent on destroying a builder to push out the owner? We've shared the stories over the years, however the calls from irate or exacerbated homeowners continue to come to us.

And it's always the same.

A developer's "work" results in fractures to the foundations of the property next door. Huge cracks -- an inch-wide gashes, actually -- in the walls and the ceilings have created a feeling of cruising to a shipwreck with windows askew; doorways off angle.

In the case of Elgin Elias of Herkimer Street, a stream of light peeks through an

1/8 inch opening in the corner of her bath, the shower area. The cold enters from the outside which you can not only feel; you see.

"The building is shifting," she said, "because of the drilling work going on next door," she tells us. "It looks like they've hired a lot of illegal immigrants to do work they don't know how to do." The Buildings Department hit the developer with a Stop-Work order last week. Ms. Elgin says he started up work right after the notice went up. She's clear that it's all part of a plan to force her out of the property so that they can take the property and land for profit.

Ms. Elgin says she's not going anywhere. "This property is for my grandchildren. I'm not selling." She's also run out of "last straws."

She was directed to *Our Time Press*

by the office of Community Board 3, and she admits she's using the media to reach the chief of the Department of Buildings.

"The DOB has approved the engineer's plans for a structure to support the back of my building from further cracks and damages," at a cost of \$12,000 that she has to pay. And instead of the developer paying for the repairs, he's suing her for \$350,000 for preventing them from finishing their work.

Ms. Elgin says they are literally flipping the bird to the Buildings' Department on their stop work order.

According to the below press release written by a relative, Ms. Elias started complaining in 2012.

The complaints didn't entirely fall on deaf ears, she admits. A representative from the Mayor's office came out to her house,

she says, and asked her, 'Well how do we know this damage was caused by the people next door?'

Recently, the contractor's representative, "in a threatening tone" as Ms. Elias' recalled, warned her that turning to the Department of Building would be a good thing! FOR THEM. Not her.

There's a general consensus in neighborhoods where homeowners of color are "under attack" that the DOB is part of the problem. "It's an inside job," she told us, "and I'm speaking out about it."

Our Time Press placed a call yesterday to the Department of Buildings media department through the 311 network. We are requesting an interview with the commissioner.

BGreen/Legacy

Brooklyn Grandmother Claims Building Dept's Failure to address Complaints About "The People Next Door" is Contributing to Damages to her Home

■ By Gerry Hopkins (hopkinscg@gmail.com)

Brooklyn; March 4, 2015. **A Brooklyn grandmother is fearful that her building at 436 Herkimer Street would collapse** due to damaging construction work allowed by the NYC Department of Buildings (NYCDOB) in the Bedford-Stuyvesant area of Brooklyn. The offending work which was brought in as part of the ongoing gentrification of the area, first emerged directly across from her address and is now being duplicated adjacent to her building, all with hardly any corrective intervention from the NYCDOB.

According to the 67-year-old homeowner of Grenadian descent, the problem first started in December of 2012 when a contractor started work on a construction project using the vibration method to install the piles for the foundation of a massive building occupying lots at 431, 433, 435 and 437 Herkimer Street.

The evidence of structural damage first became visible in the victim's building around January 2013 when she immediately started complaining to the NYCDOB, but all to no avail.

The building owner indicates that after in excess of 12 separate futile complaints to various related city offices, and with the structural damages to her building increasing (see photographs), she decided to also complain (to other agencies) to no avail.

Subsequently, she adds: "I visited the NYC Department of Buildings office at 210 Joralemon Street on January 23, 2013 to ask for help and to reiterate the fact that my earlier complaints had not resulted in any corrective action, whereupon, for no untoward behavior, I was escorted out of the building by security as instructed by one of the supervisors in that office."

In the words of the aggrieved building owner, "The excessively heavy drilling for the piling, which was causing the damage to my building, continued for several months and even after several on-site, in-person and 311 complaints were filed, beginning in January 2013."

"In fact, it was not until after I took this matter to the New York State Supreme Court before Judge Mark Partnow, that I was able to get the owner and the contractor at the construction site across from my address to discontinue using the piling method," the homeowner points out.

However, her problems didn't end there. According to her, "life again became a nightmare" when another contractor started gutting and digging at 438, adjacent to her building, thus leading to new and exacerbated cracks in the walls of her building.

The affected building owner further asserts that "the callousness of the contractor and his supervisors responsible for the building next to her was blatantly manifested when one of them responded to one of [her] complaints by saying, 'What do you expect?

It's construction, you have more cracks to get. And when we are done, we are going to fix your house.'"

Again, she started making new complaints to the Department of Buildings via 311 and to other city offices. Eventually, an agent agreed to forward one of her complaints to the Mayor's Office, which resulted in a surprise visit from officers of the Department of Buildings and a STOP WORK ORDER on Thursday, February 26, 2015.

Since then, however, the contractor and construction workers at 438 have not stopped working at the site, which is in violation of the City's Building Code.

According to the owner of the now structurally compromised building at 436 Herkimer, "construction work has continued each day since last Thursday and there has been no follow-up visits by officials of the Department of Buildings, despite my continued and repeated calls for help since February 26."

In a desperate appeal for



Photo: Bgreen/Legacy



Photo: Bgreen/Legacy

help the homeowner pleads: "I am at my wit's end; I am fearful that the lives of those in my building and home would be harmed if the compromised state of my building is not reversed forthwith. If nothing is done immediately, my building might eventually collapse and leave at least six Brooklyn residents homeless," she adds.

"Besides, I would be without a means of supporting myself with the income which I use my building to generate," the homeowner laments.

"I can't afford to hire an attorney again in order to get a court to order remedial action that the Department of Buildings is capable of carrying out with its budget and personnel already allocated for that purpose. As a taxpayer, I am requesting the intervention of the city's Department of Buildings; I am calling on that office to carry out their mandate to ensure building safety for all citizens and residents of our city," she also tearfully said.

Graça Machel Trust Launches Movement to Elevate Women's Leadership in African Development

Women Advancing Africa Forum to convene African women leaders and global champions on August 10-12 in Dar es Salaam, Tanzania

DAR ES SALAAM, Tanzania, March 17, 2017 /PRNews-wire-USNewsWire/ -- The Graça Machel Trust (GMT) announced today the launch of a Pan-African initiative to "Multiply the Faces and Amplify the Voices" of African women as a force for economic and social transformation.

The Women Advancing Africa (WAA) initiative seeks to "Multiply the Faces and Amplify the Voices" of African women to drive inclusive, sustainable growth across the continent. The trust will challenge African leaders, government participants and private sector partners to design innovative solutions and commit to specific "Calls for Action" that will increase women's economic power and elevate the role of women in African development.

On what makes the Women Advancing Africa Forum different Mrs. Graça Machel says, "To our knowledge, there are not many places or platforms where extraordinary examples of successes by African women is showcased. Through this forum, we want women to come together to strategize, share and learn from each other on how to

grow and develop to the next level in their economic and social journey."

The inaugural forum will take place from the 10th-12th of August in Dar es Salaam, Tanzania, and will convene more than 250 women leaders, rising stars and global champions to explore the critical role women play in shaping Africa's future. Under the overarching theme of "Driving Social and Economic Transformation", the forum will focus on three core pillars: promoting financial inclusion, increasing market access and driving social change. The trust believes that the selection of these three thematic areas provides a common agenda for women in the economy, as they are cut across all sectors of the economy and speak to all women at different levels of the economy.

"Driving Social and Economic Transformation means that we need to look holistically at women's roles and perceived value. Transformation is not only about numbers, although the numbers of women represented on boards, as CEOs or department heads is important, we need a transformative agenda which challenges

the conceptualization, social norms, outlook and value given to women and their contributions to the economy and society," adds Machel.

African women are a powerful economic force but continue to face significant barriers across the continent. Today, seventy percent of African women are financially excluded and many lack access to critical markets, resources and services needed to succeed. In a report released on International Women's Day, the trust found that more than 50 percent of female entrepreneurs in East Africa cite access to finance and markets as major challenges in growing their businesses.

Initial support for the WAA initiative is generously provided by The Intel Foundation and The UPS Foundation. Media partners include: the ABN360 Group, incorporating CNBC Africa and Forbes Africa; the Nation Group and locally based Azam Media Group. These partners share the trust's belief that advancing women economically is crucial to the health and prosperity of African families, communities and nations.



The trust is seeking additional partners to assist in the execution of WAA.

The trust has also selected APCO Worldwide, the largest women-owned communications firm in the world, to be the convening partner for the Women Advancing Africa initiative. With deep roots in Africa and a long history of planning and executing high-profile events around the world, APCO is working closely with the Graça Machel Trust to bring this important, first-of-its-kind initiative to life.

For more information about the Women Advancing Africa initiative and the Graça Machel Trust, please visit <http://womenadvancingafricaforum.com> and <http://gracamacheltrust/new.org>

Facebook: <https://www.facebook.com/TheGracaMachelTrust>

Twitter: @G_MachelTrust

Email: waa@gracamacheltrust.org

WHAT'S GOING ON HAPPY VERNAL EQUINOX! SPRING IS HERE!

■ By Victoria Horsford

PHENOMENAL WOMEN

The Mid-Manhattan Branch of the NAACP convenes next General Membership meeting and presentation of the Annual Women's History Month Awards to "Women in the Media" Program on Wednesday, March 22 at 6 pm at the Joseph Kenney Center, located at 34 West 134th Street, Harlem. The Women's History component is a celebration of the contributions and advancements made by Women in the Media. Awardees are: Yvonne Delaney Mitchell, NY Amsterdam News; Victoria Horsford, NY Beacon, NY Carib News, Our Time Press; Pat Stevenson, Harlem News, Inc. publisher/founder; Faye Rodney, NY Carib News; Attorney Michele Rodney, NY Carib News; Jeanne Parnell, WHCR-FM; Author Theda Palmer Saxton, Ph.D.; and Michelle Obama, former US First Lady.

Yvonne Jewnell, millennial entrepreneur along with her mother Tandra Birkett, founded Yvonne Jewnell New York, a women's fashion design firm which enjoys good street creds. Yvonne Jewnell NY is known for its original ethnically influenced fashion statements. Yvonne is the architect of Harlem Fashion Week (HFW), an event now in its second year which is becoming the talk of the fashion world. HFW celebrates



Tandra Birkett and Yvonne Jewnell

Black excellence in the infectious multibillion-dollar fashion industry and helps Black fashionistas strut their stuff on the walkway and on the business side. Caribbean and African designers participate in HFW which duplicates all of the mainstream NY Fashion Week rituals--fashion shows, special promotions, vendor sites and much more. Jewnell digresses this year and convenes a Business Symposium, "The Network Where Fashion, Beauty and Media Converge", on March 25th at TEEM CO-WORKING, located at 1463 Fifth Avenue, Harlem from 9:30 am to 12:30. Fashion media mavens will hold forth at the symposium with writers from True Fashionistas, Taji Magazine, Vain Style Magazine, Fashion Avenue News, Black Girl Podcast, NY Beacon, NY Carib News and Our Time Press. [VisitHarlemFW.com]

ON POLITICS

How lucky can one Downstate NY community get? About \$1.4 billion lucky. Governor Andrew Cuomo announces a \$1.4 billion multifaceted antipoverty plan targeted to Central Brooklyn places like Brownsville, East New York, Bed-Stuy and Crown Heights. The plan will combat myriad problems such as poverty, violence and poor health services, peculiar to Central Brooklyn. Great, but why Central Brooklyn and why now? Central Brooklyn has disproportionately high stats -- crime, violence, homelessness, joblessness, incarceration - like no other in NYS. Is Governor Cuomo getting ready for his 2018 reelection or a 2020 presidential run, or all of the above? He runs to Israel for a weekend in early March to show his solidarity with the American Jewish community during this current interlude of U.S.-based anti-Semitism.



Andrew Cuomo

Back in NY, a week later, he proposes a \$1.4 billion Marshall Plan for Central Brooklyn, which (no doubt) has a sizeable population of Black voters. How will the draconian Trump budget impact the Cuomo initiative?

GOP Congressmen are between a rock and a hard place. On Tuesday, March 21, President Trump threatened all who would not vote for the GOP-concocted health bill with losing their congressional seat in the mid-term elections next year. The GOP Congressmen must also listen to their constituents at town halls who want to maintain Obamacare. This dilemma must be music to the ears of the Democratic National Committee. The GOP reps are damned regardless of their health care vote. Which is more fearsome, POTUS or a disgruntled voter.

HIGHER ED AND BUSINESS



Ken Morrison

The NYC Council approved Ken Morrison's L e m o r Development Group's plan to erect a new 79 apartment unit, 10-story, mixed-use building, The Robeson, at 407 Lenox Avenue, 130th-131st. Streets, Harlem. Building will also house Street Corner Resources and the New Hope Spring Grove Downtown Baptist Church of Christ.

Rev. Dennis Dillon's "The Christian Times" will host an "Easter in New York" live TV taping, with a cast of thousands, on March 25th at 5 pm at the New Jerusalem Worship Center, located at 112-05 Smith Street, Jamaica, NY. The TV show will be dedicated to the United Negro College Fund Special (UNCF), whose tagline is "A Mind Is a Terrible Thing to Waste." Special guest performers include Cissy Houston and a 300-Voice Mass Choir. [Call 718.638.6397.]

FOREIGN AFFAIRS

AFRICA: Liberia holds general and presidential elections in October. And a crowded field of contenders are in line to



Ellen Sirleaf Johnson

succeed President Ellen Sirleaf Johnson, Africa's first democratically elected postcolonial woman president, who is a 2011 Nobel Prizewinner. Her new "Madame President: The Extraordinary Journey of Ellen Sirleaf Johnson" by Helen Cooper was published last month..... Kenya holds general and presidential elections in August. Incumbent President Uhuru Kenyetta is running for reelection, as is a field of about 7 rivals..... Nigerian President Muhammadu Buhari returns home after a two-month medical regimen in London. He is working from home.

NEWSMAKERS



Kevin Young

Kevin Young, new Schomburg Center for Research in Black Culture Executive Director, was named New Yorker Magazine poetry editor.

Joyous spring-time Aries greetings to: Akon, Beverly Alston, Ambassador

Shirley Barnes, James Brooks, Melanie Edwards, Herbie Hancock, Rocky Horsford, Karen Horsford, Kareem Abdul-Jabbar, Attorney Star Jones, Martin Lawrence, Patricia McConnell, Eddie Murphy, Dr. Joseph Okpaku, Colin Powell, Marva Richard, Diana Ross, Ruby Ryles, Jill Scott, Maxwell Sidberry, Tad Schnugg,

→ Continued on page 12

Psychotherapist Offers Chill Pill for Trump Anxiety

National stress levels may have hit an all-time high this week with the bombardment Trump Administration announcements.

So with April Stress Awareness Month just around the corner, and national stress levels looking like there'll be no signs of peaking, Our Time Press asked award-winning psychotherapist Dr. Deborah Sandella to comment on how the national "we" can find some calm.

We learned enough to stress us out even more, but we also learned some useful tips to help us overcome anxiety.

"Anxiety is a natural human response to rapid, dramatic change especially for those of us who distrust the motives of decision-makers," she told us. "Rapid decisions forcibly implemented by this administration has created stress in most of the population, particularly those who were not Trump supporters.

"For example, calls to crisis and suicide prevention hotlines in Illinois is up 200% since Trump's election," according to Patrick Magoon, president of Lurie Children's Hospital."

The facts are 43% of all adults suffer adverse health effects from stress and 75% to 90% of all doctor's office visits are for stress-related ailments and complaints. Stress can play a part in problems such as headaches, high blood pressure, heart problems, diabetes, skin conditions, asthma, arthritis, depression and, of course, anxiety.

Dr. Sandella, recently featured on CNN, Yahoo! Health, to name a few media, has witnessed the negative impact of tension on countless patients. She revealed to us her top tips to decrease stress and improve quality of life. She told us what we already surmised: "All that tension is incredibly dangerous to your mind and body."

"Stress and anxiety elicit inner emotions,

taking on a life of their own and your thoughts expand outside the logical mind, making us feel out of control. But anyone can take control of this tension to better their health and their mind."

"Those without the finances to buy their own insurance, health care, preschool, college education, etc. are most at risk," she said, adding, "Empathy, however, is to stand in another's shoes and sense their pain, and I have witnessed that those of us with financial resources who are empathetic with the disadvantaged are extremely stressed. Many resourced Americans currently feel concern for those who will be impacted by diminishing social programs that support the disadvantaged even we may not be directly impacted. "Our sense of coming together as a community of people is fractured currently by the political division."

So what are some ways to address this stress? Dr. Sandella advises:

1. "Find commonalities with those around you regardless of their political views. When we personally connect with each other in caring ways, the stress is lessened and our trust in life is strengthened
- 2) "Exercise good self-care. Becoming an emotional martyr for the cause does not help anyone. To counter a feeling of being out of control, take control of those aspects of your life where you do have control. Eat healthy, get good sleep and exercise.
- 3) "Determine your rights and take action to protect them.
- 4) "Safely sharing your voice related to issues that are important to you. Verbally fighting with family and friends won't create change."

But we must remember sharing online tweets could be pretty distressful, too.

Dr. Sandella, author of *Good-bye Hurt & Pain: 7 Simple Steps to Health, Love and Success*

Hidden Salt: How Everyday Foods Harm You

It's in your bread. Your cheese. Your soup. It's everywhere, and it could be killing you. What is it? Salt.

That's why, in observation of World Salt Awareness Week (March 20–26, 2017), the American Academy of Family Physicians is spreading the word and offering resources to help consumers lower their daily intake of "hidden" salt in the foods they eat. Why? Because too much salt in the diet raises blood pressure, which can lead to heart disease and stroke -- two of the leading causes of death in the United States.

Many Americans think they only get too much salt when they use it at the dining room table. In reality, the Centers for Disease Control estimates that Americans get 77 percent of their salt from processed foods and restaurant meals, compared to 6 percent from the salt shaker at the table and 5 percent added during home cooking. As a result, Americans ages 2 and up consume an average 3,400 milligrams of salt each day -- well above the recommended Federal Drug Administration's guideline of 2,300 milligrams per day, or 1,500 milligrams per day for people diagnosed with or at risk for high blood pressure.

"Salt is hiding everywhere, so it doesn't take much to reach the FDA's recommended daily allowance," said John Meigs, Jr., MD, president of the AAFP. "There are 2,300 milligrams of sodium -- the chemical name for salt -- in a single teaspoon of table salt. It's a real challenge to reduce salt intake, even for people who are highly motivated to do so."

Where is all of this "hidden" salt? According to the CDC, a significant amount of the salt we eat comes from the following 10 types of foods:

- Breads and rolls
- Cold cuts and cured meat (e.g., deli or packaged ham or turkey)
- Pizza
- Fresh and processed poultry
- Soups
- Sandwiches such as cheeseburgers
- Cheese
- Pasta dishes (not including macaroni and cheese)
- Meat-mixed dishes such as meat loaf and tomato sauce
- Snacks such as chips, pretzels and popcorn

In an effort to reduce the national level of heart disease and stroke from high blood pressure, the FDA has called on restaurants and food companies to voluntarily reduce the amount of salt used in their products over the next 10 years, with the goal of decreasing Americans' salt intake to 2,300 milligrams a day or less. The AAFP supports voluntary goals for reducing salt in commercial products, which has proven effective in other countries.

The CDC estimates nearly 400,000 Americans die each year due to health problems stemming from high blood pressure. Unfortunately, implementation of the voluntary guidelines will be slow to gain

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PRISCILLA TALKS HEALTH

The MIND Diet

■ By Priscilla Mensah

These days, there is a diet for just about everything. Off the top of my head, I can think of the Atkins Diet, Weight Watchers, Nutra Slim and Slim Fast as well-known dieting regimens. Thanks to television commercials and advertising, you would have to live under a rock to not know of at least one popularized diet. Who knew, however, that there was even a MIND Diet? As its name suggests, the MIND Diet is a diet meant to improve our mind. Improving our mind would have the ripple effect of improving our mood and overall health. That makes sense because after all, it's all connected, right?

Often, we hear people say, "I'm having a brain fart" or "My mind is losing me" or even "I'm losing my marbles." Each of these popular sayings reflect our ability to make light of the process of aging and the effect that it has on our memory and mind. The new MIND Diet seeks to make the process of aging easier and healthier. The MIND Diet is an acronym for Mediterranean Intervention for Neurodegenerative Delay. Foods included in this diet are fish, nuts and wine. As someone who has never touched wine in my life, I have a hard time endorsing drinking wine for good health, but if the experts say so, then hey, why not? Besides, wine is just fermented grapes. Moreover, I'm sure they mean wine in moderation.

This MIND Diet is fashioned after the Mediterranean heart-friendly diet. It has been slightly altered to include foods that are specifically good for your dome. There has even been a study following almost 1,000 adults over a duration of nine years on the

MIND Diet. The study found that the MIND Diet added a total of about 8 years to the participants' age, and decreased their risk for developing Alzheimer's disease.


Based off the Mediterranean's dietary lifestyle, hence the name, the MIND Diet focuses on fruits, vegetables, legumes and whole grains. Those on the diet limit their intake of red meats, dairy, sweets and foods high in saturated fats. Fish is consumed two to three times a week, and nuts, poultry, seeds and wine are to be had in moderation (just as I suspected). Olive oil is key to this diet as it is rich in heart-healthy monounsaturated fats. More benefits of the MIND Diet are that it is said to reduce one's likelihood of developing symptoms related to heart disease such as high blood pressure. Moreover, it is believed to reduce one's risk for heart attack and stroke. Highly researched studies have found that the MIND Diet's emphasis on eating vegetables, legumes, fruits and seafood are key to reducing one's risk for cognitive decline, dementia and Alzheimer's disease in adults.

The MIND Diet was developed by Rush University Medical Center and Harvard School of Public Health. It was designed based on the creator's research on the connection between diet and cognition. Following the MIND Diet religiously would decrease your chances of developing Alzheimer's by as much as 53%, studies say. If one were to adhere to the MIND Diet piecemeal, then you would still have a 35% lower chance of getting Alzheimer's disease.

Priscilla Mensah is an avid reader and scholar who resides in Brooklyn, New York. Her passions include community empowerment and improvement. Priscilla can be reached at pmensahbrooklyn@gmail.com.


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CONTINUED FROM COVER

MARCH 25th is WOMAN’S DAY
in CENTRAL BROOKLYN

Annette Robinson is Leading Light in Cortege of Community Heroines to be Honored by the Public

Over two hundred family members, neighbors, colleagues and friends have already responded, registration was closed on Tuesday, March 21st. In the best traditions of Bedford-Stuyvesant, guests have been asked to bring new books for children of preschool age. The occasion will launch the Annette M. Robinson Early Childhood Literacy Project, as testament to Ms. Robinson’s lifelong commitment to education. Her public service work will be reflected in the exhibit area, which will include information booths, represented by several local organizations and health checks by staff from Interfaith Medical Center. Face painting, storytelling and arts and crafts will engage the children, and there will be plenty of time for people to mix and mingle and enjoy the atmosphere of the “village”.

Ms. Robinson loved the arts, and the program will be a dramatic mix of music, dance

and spoken word directed by cultural arts maven Peggy Alston. Queen Robinson’s

joyful intergenerational event was planned and executed by a committee of community leaders.

Yesterday, Judge Betty Staton told Our Time Press, “Honorable Annette Robinson set the standard of excellence for public service during the four decades of her public career by the work she did on behalf of families and children, community empowerment and as a role model.

“I am honored to be among the host of friends and neighbors who will attend this very special community tribute.”

Among the other major programs on March 25th dedicated to strong, resilient and persevering women will be the Ninth Annual Women of Courage Awards Luncheon, 2:00pm-5:00pm at Mt. Pisgah Baptist Church, 212 Tompkins Avenue. Produced by Bianca Robinson, the event honors inspirational,

fierce women whose public purpose centers around community self-empowerment and sustainability.

The honorees include: Dr. Una S.T. Clarke, receiving the Woman of Courage Award; Sheila Davis, Leadership; Chief Patria Frias-Colon, Trailblazer; Justice Lara Genovesi, Legal Service; Allyson Green, the Priscilla Ifield Award; Vanessa Gumbs, Community Service; Chief Jewel McCollin, Law Enforcement; Kayla Morrison, Education and Canon Diane Porter, Health & Human Services.

“Over the years, ‘Women of Courage’ has honored nearly 80 women from all walks of life, game changers dedicated to empowering, educating and enriching families and community,” said Bianca Robinson, executive director of the Brooklyn Anti-Violence Coalition. “I am so proud to honor these women, their legacies and mission.”

In other news, Wednesday, March 29th, at 11:00am, the Brownsville Recreation Center will host a Phenomenal Women event. Jadayah Spencer, Youth Representative to the United Nations, is keynote speaker.

Borough President Eric Adams celebrates all of the Queens of Kings County in a three-hour Women’s History Month event, Thursday, March 30. Due to limited space, RSVP is mandatory. For details, visit www.brooklyn-usa.org. *Bernice Elizabeth Green*



Hon. Annette Robinson



Judge Betty Staton, event organizer, people’s tribute to a Queen.

Women of Courage



Patria Frias-Colón



Lara Genovesi



Kayla Morrison



Sheila Davis



Rev. Dr. Angela Moses



Allyson Green



Nok Figure, Early 1st Century, Northern Nigeria

EXHIBITION
AND TALK |

Brooklyn Is Africa: A Borough of Inclusion; A Continent of Invention
A Conversation with Danny Simmons and Eric Edwards

Mar 30th, 7 to 9pm, The Center for Arts & Culture at Bed-Stuy Restoration presents the 50-piece rare art exhibit from Eric Edwards' Cultural Museum of African Art telling our stories through the Early period of art creation and more

Hidden Salt:
How Everyday
Foods Harm You

→ Continued from page 5

traction. So, what can individuals do in the meantime to reduce the amount of salt they consume? Start by reading nutrition labels, which indicate how much sodium is in the product. One can also regulate salt consumption by preparing healthy food at home. Non-processed fresh foods that are high in fiber are ideal. Think fresh fruits, vegetables, lean meat and whole grains.

When dining out at restaurants, it is often difficult to know how much salt is in your meal. If nutrition information isn't included on the menu, you may need to do some homework in advance by visiting the restaurant's website, Meigs advised. You may be surprised to find that items billed as "light or healthy fare" are often high in salt.

"Even meals that seem healthy, like a turkey sandwich with a side of cottage cheese, can have high levels of salt. It may not even taste salty. That's why it's important to read nutrition labels and talk with your family physician about your blood pressure, cholesterol levels, family health history and ways to prevent health problems before they start," Meigs said. "What you eat should be a very important part of that conversation."

Dr. Meigs also points to familydoctor.org and cdc.gov as credible websites for education about the effects of salt on your body and tips for reducing salt consumption.

Strong Women Getting Stronger

→ Continued from page 1

hard circumstances allows them to communicate and connect on a level that men have to work at to even approach. During the Million Man March, there was hugging and good feeling, and there is no denying that much personal and practical work was done. But from the women who loom large in my life I have learned that they communicate differently and in more detail than men do. What many men are now learning to do, many women have mastered long ago. Now they are moving to some other level of spiritual connectivity that we will learn more of as we watch it take shape and crystallize into actions. And that is what makes this coming together of women so potentially powerful.

Women are convening the Mother Wit. They are focusing it on a series of goals. And we at OUR TIME PRESS are not going to miss the opportunity to record embryonic stages and chart the progress. It is necessary

that this be done so that proper credit can be given. We have experienced the effects of the Million Man March on the men and on their communities in ways subtle and unknown. Businesses were born, attitudes were changed and lives were touched. This paper itself was helped by the energy after that march.

In urban centers across America crime has been going down. We know intuitively that the work of the men returning from our march had a large role in that. But because there was little charting of the effects of the individual work that the returning men did: the tutoring, the mentor programs, the lives that they touched, the result of their efforts is a prize that others are claiming.

This will not happen with this Million Woman March. Partly because it follows the Million Man March and lessons have been learned, but mostly because it is women who did it. Over the next few months there may be profound changes in our communities, and while others will be recording them, OUR

TIME PRESS would like to record them also.

We begin our coverage in the Centerfold, with a story by Bernice Elizabeth Green, OTP's co-publisher, and photographer Barry L. Mason. The Agenda and Mission Statement for the march are also included, along with the impressions of editorial assistant Joanna Goodwin and cub reporters Vaniqua Picard and Da'Nelle Mason. Bernice's lead article captures voices and impressions that might have been lost.

Now that the march is over, as plans are made and actions are taken, we will be continuing this mission. Readers may want to write us about what they have been doing and the results of those actions: whether it is nurturing businesses or nurturing the diverse elements of the home and the village, write about it. OTP will be taking periodic looks at these efforts, and like a stop-action camera trained on a flower in bloom, we will attempt to record a small part of the achievement.

David Mark Greaves

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WHO HAVE DEDICATED
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Dr. Una S.T. Clarke

LEADERSHIP AWARD:
Sheila Davis

TRAIL BLAZER AWARD
Chief Patria Frias-Colón

LEGAL SERVICE AWARD:
Justice Lara Genovesi

PRISCILLA IFIELD AWARD:
Allyson Green

COMMUNITY SERVICE AWARD:
Vanessa Gumbs

LAW ENFORCEMENT AWARD:
Chief Jewel McCollin

EDUCATION AWARD:
Kayla Morrison

HEALTH & HUMAN SERVICE AWARD:
Canon Diane Porter



THERE IS NO COST FOR THIS EVENT. R.S.V.P. Bianca Robinson at Biancarobinson28@gmail.com

Op-Ed

Disappointed in Jesse Hamilton

■ By Zakiyah Ansari, Advocacy Director of the Alliance for Quality Education

Disappointment is not an unusual feeling about our elected officials. But when I first learned that Jesse Hamilton, the state Senator from Brooklyn that ran as a Democrat, had joined a group of breakaway Democrats in the state Senate that sits with the Republican majority, I was more than disappointed — I felt betrayed. I have voted for Jesse Hamilton twice. Many people ask me how to vote and I encouraged them to vote for him, including my own daughters. I voted for Jesse Hamilton as a Democrat, but it turned out I’d cast my vote for just another Republican seat in our state Senate. Because that is what the Independent Democratic Conference, or IDC, does — they have given away their votes to the Trump-era Republicans in the state Senate, in exchange for a few crumbs they can bring home. For more than 16 years, I have been

advocating for educational justice. I do this work not only for my eight children but for the millions of Black, Brown and poor children that have been forced to go to schools that are inadequately resourced in New York State. Over 10 years ago, New York’s highest court ruled in the Campaign for Fiscal Equity (CFE) lawsuit that New York State was violating the constitutional rights of its students by underfunding public schools. But over a decade has passed while those children wait for the state funding to materialize. Today, New York owes its public schools \$4.3 billion in state operating aid, known as Foundation Aid — nearly two-thirds of which is owed to Black and Brown children. We’ve lost a generation of these children who have missed out on educational opportunities because New York State does not see them as a priority. If they wanted to, the IDC could leverage their unique position in the Senate to bring about positive change, and earlier this year, they said they wanted to do just that.

In January, the IDC publicly committed to supporting a three-year phase-in of the \$4.3 billion the state owes its schools in Foundation Aid. But this week IDC reneged on that promise, too. When the Senate Democrats introduced an amendment this week for a three-year phase-in of Foundation Aid — exactly what the IDC committed to earlier this year — the IDC helped the Republicans to defeat it. When given the chance to stand up for students in his district who are owed over \$40 million according to the Campaign for Fiscal Equity, Hamilton did the wrong thing. But the worst betrayal was yet to come. On Wednesday, March 15th, the IDC introduced its own budget resolution that is virtually identical to the Republican Senate’s. It is specifically designed to shortchange New York City and, unlike the Foundation Aid formula enacted to fulfill CFE, it fails to distribute funds based on the number of students in poverty, students with disabilities and English language learners. Hamilton had the chance to vote for smaller class sizes, more guidance counselors and college preparatory curriculum for our youth in Brooklyn. Instead, he voted for a Republican plan that would prioritize the suburban districts.

The Senate Republican and the IDC budget proposals represent direct attacks on the educational opportunities of every student in Jesse Hamilton’s district. It is unacceptable for any leader to ignore the needs of their constituents. It is especially disheartening that a Black man representing neighborhoods like Brownsville, Crown Heights, East Flatbush, Gowanus, Park Slope, Prospect Heights, Prospect Lefferts Gardens, South Slope and Sunset Park would choose to perpetuate the systemic racism ingrained in our system of school funding. Senator Hamilton has encouraged me to judge him based on his record. His record is clear. School funding, the DREAM Act and affordable housing have all been left on the floor in past years by the IDC and their Republican colleagues. The IDC’s proposed budget this year, with Hamilton’s support, continues to strip opportunity from Black, Brown and poor children. How many times are we going to let him fool us? It is the height of hypocrisy for Hamilton and the IDC to say they are committed to CFE funding. It would be more honest for Hamilton to join the Republicans than to continue the charade of being a Democrat. Our children were counting on him and he has let us down.

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LEGAL NOTICES

NOTICE OF SALE SUPREME COURT COUNTY OF KINGS U.S. BANK NATIONAL ASSOCIATION, AS TRUSTEE FOR PRIME MORTGAGE TRUST 2006-1, MORTGAGE PASS-THROUGH CERTIFICATES SERIES 2006-1, Plaintiff AGAINST LOXLEY RODNEY, et al., Defendant(s) Pursuant to a Judgment of Foreclosure and Sale duly dated May 11, 2016 I, the undersigned Referee will sell at public auction at the Room 224 of Kings County Supreme Court, 360 Adams Street, Brooklyn, New York 11201, on April 27, 2017 at 2:30PM, premises known as 664 LINWOOD STREET, BROOKLYN, NY 11208. All that certain plot piece or parcel of land, with the buildings and improvements erected, situate, lying and being in the Borough of Brooklyn, and County of Kings, City and State of New York, BLOCK 4066, LOT 30. Approximate amount of judgment \$556,400.91 plus interest and costs. Premises will be sold subject to provisions of filed Judgment for Index# 5007/13. Philip J. Smallman Esq., Referee Gross Polowy, LLC Attorney for Plaintiff 1775 Wehrle Drive, Suite 100 Williamsville, NY 14221 SUPREME COURT OF THE STATE OF NEW YORK Index No.: 50226/17 COUNTY OF KINGS Date Summons filed Plaintiff designates Kings County, as the place of trial the basis of venue is Plaintiff's residence Paz Samuel Lara Plaintiff, -against- Juana Victoria Lara Defendant. SUMMONS WITH NOTICE Plaintiff/Defendant resides at unknown ----X ACTION FOR A DIVORCE To the above named Defendant: YOU ARE

HEREBY SUMMONED to serve a notice of appearance on the Plaintiff's Attorney within twenty (20) days after the service of this summons, exclusive of the day of service (or thirty (30) days after the service is complete if this summons is not personally delivered to you within the State of New York); and in case of your failure to appear, judgment will be taken against you by default for the relief demanded in the notice set forth below. Dated January 9, 2017 Lisa M. Sorra-Hernandez, Esq. Attorney for Plaintiff Lafayette Street, Suite 402B, New York, NY 10013 212-695-6662 NOTICE The nature of this action is to dissolve the marriage between the parties on the grounds: DRL §170(7) - irretrievable breakdown in relationship. The nature of any ancillary or additional relief requested (see p.14 of Instructions) is: NOTICE: The nature of this action is to dissolve the marriage between the parties, on the grounds: ** DRL §170(7) - irretrievable breakdown in relationship. The relief sought is a judgment of absolute divorce in favor of the Plaintiff dissolving the marriage between the parties in this action. The nature of any ancillary and additional relief demanded is WHEREFORE, Plaintiff demands judgment against Defendant as follows: A judgment dissolving the marriage between the parties and Awarding Plaintiff equitable distribution of Marital property, including a distributive award to Plaintiff if required or appropriate to effect such equitable distribution; Declaring Plaintiff's separate property; Awarding Plaintiff such

→ Continued on page 10

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NEW BUSINESS FORMATIONS

Assumed Name LLC. **Taylor Made Services LLC.** Arts. of Org. filed with the SSNY on 11/08/17. Office: Kings County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 326 Bainbridge Street, 5C Brooklyn, NY 11233. Purpose: Any lawful purpose.

92 NORMAN AVE MGT LLC. Art. of Org. filed with the SSNY on 12/05/16. Office: Kings County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Management Office, 105 Clay Street, Brooklyn, NY 11222.

Purpose: Any lawful purpose

DARK HORSE STUDIOS LLC Articles of Org. filed NY Sec. of State (SSNY) 2/27/17. Office in Kings Co. SSNY desig. agent of LLC upon whom process may be served. SSNY shall mail copy of process to 35 Broadway, Brooklyn, NY 11249, which is also the principal business location. Purpose: Any lawful purpose.

PROGRESS LABS, LLC Articles of Org. filed with the SSNY January 13, 2017. Offc. Loc: Kings Co. SSNY desig. as agent of LLC upon whom process may be served. SSNY shall mail process to Patrick Johnson,

216 Smith St, Apt. 3, Brooklyn, NY 11201. Purpose: Any lawful purpose.

Application for Auth: **Printing Lab, LLC.** Art. of Org. filed with the SSNY on 09/26/2016. Office: Kings County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 609 55th Street, West New York, NJ 07093 Purpose: Any lawful purpose.

Brooklyn Aikido Center, LLC
Brooklyn Aikido Center, LLC. Art. of Org. filed with the SSNY on 01/5/2017. Office: Kings County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 159 20th Street #1B,

Brooklyn, NY 11232, Registered Agent : Minds on Design Lab Inc. Purpose: Any lawful purpose.

Justin Cooper Studios LLC. Art. of Org. filed with the SSNY on 09/27/16. Office: Kings County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Justin Cooper, 437A Pulaski Street, #2, Brooklyn, NY 11221, which also serves as the registered agent address. Purpose: Any lawful purpose.

BCAG Holdings LLC, Arts of Org. filed with Sec. of State of NY (SSNY) on 7/24/15. Cty: Kings. SSNY desig. as agent upon whom process against may be served & shall mail process to 308 Malcolm X Blvd., Brooklyn, NY 11233. General Purpose.

LEGAL NOTICES

→ Continued from page 9

other and further relief as to the court may seem just and proper, together with the costs and disbursements of this action.

NOTICE OF SALE STATE OF NEW YORK, SUPREME COURT: KINGS COUNTY- 21st Mortgage Corporation, Plaintiff(s) vs. Geremaine Lee, et al, Defendant(s). Index No. 22397/12. In pursuance and by virtue of a judgment of foreclosure and sale in the amount of \$531,876.51 plus interest and costs duly granted by this Court and entered in the Kings County Clerk’s Office on the 19th day of January, 2017, I, the undersigned Referee, duly appointed in this action for such purpose, will expose for sale and sell at Public Auction to the highest bidder therefor in Room 224 of Kings County Supreme Court, 360 Adams Street, Brooklyn, NY, on the 20th DAY OF APRIL, 2017 at 2:30 P.M., the real estate and mortgaged premises directed in and by said judgment to be sold and in said judgment described as follows: All that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in the Borough of Brooklyn, County of Kings, City and State of New York, known and designated as Block 4892 Lot 19. Said premises known as 278 East 39th Street, Brooklyn, NY 11203. Premises sold subject to provisions of the filed judgment and terms of sale. SUBJECT TO restrictions, covenants, etc. of record, prior lien(s), if any, and an easement, if any, contained in Deed recorded February 7, 2003 in Reel CRFN 2003000013394. STEPHEN M. ZEITLIN, ESQ., Referee Helfand & Helfand, Attorney(s) for Plaintiff, Office address, 350 Fifth Avenue - Suite 5330, New York, NY 10118

Plaintiff designates KINGS County as place of trial Venue is based upon County in which premises are being situate SUMMONS WITH NOTICE ACTION TO FORECLOSE A MORTGAGE Filed: 2/24/2016 Index No. 502167/2015 SUPREME COURT OF THE STATE OF NEW YORK COUNTY OF KINGS WILMINGTON SAVINGS FUND SOCIETY, FSB, DOING BUSINESS AS CHRISTIANA TRUST, NOT IN ITS INDIVIDUAL CAPACITY BUT SOLELY AS LEGAL TITLE TRUSTEE FOR BRONZE CREEK TITLE TRUST 2013-NPL1, Plaintiff, -against- ANNMARIE JAMES A/K/A ANNMARIE J. JAMES; JIHAN BETHEA; NEW YORK STATE DEPARTMENT OF TAXATION AND FINANCE; NEW YORK CITY PARKING VIOLATIONS BUREAU; NEW YORK CITY ENVIRONMENTAL CONTROL BOARD; UNITED STATES OF AMERICA (EASTERN DISTRICT); “JOHN DOE #1” through “JOHN DOE #10” inclusive, the names of the ten last name Defendants being fictitious, real names unknown to the Plaintiff, the parties intended being persons

or corporations having an interest in, or tenants or persons in possession of, portions of the mortgaged premises described in the Complaint, Defendants. TO THE ABOVE NAMED DEFENDANTS: YOU ARE HEREBY SUMMONED to answer the Complaint in this action and to serve a copy of your Answer or, if the Complaint is not served with this Summons, to serve a Notice of Appearance upon the Plaintiff’s attorney within twenty (20) days after the service of this Summons, exclusive of the date of service or within thirty (30) days after the service is complete if this Summons is not personally delivered to you within the State of New York. If you fail to so appear or answer, judgment will be taken against you by default for the relief demanded in the Complaint. DATED: Elmsford, New York February 24, 2015 **NOTICE YOU ARE IN DANGER OF LOSING YOUR HOME. If you do not respond to this summons and complaint by serving a copy of the answer on the attorney for the mortgage company who filed this foreclosure proceeding against you and filing the answer with the court, a default judgment may be entered and you can lose your home. Speak to an attorney or go to the court where your case is pending for further information on how to answer the summons and protect your property. Sending a payment to your mortgage company will not stop this foreclosure action. YOU MUST RESPOND BY SERVING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE PLAINTIFF WILMINGTON SAVINGS FUND SOCIETY, FSB, DOING BUSINESS AS CHRISTIANA TRUST, NOT IN ITS INDIVIDUAL CAPACITY BUT SOLELY AS LEGAL TITLE TRUSTEE FOR BRONZE CREEK TITLE TRUST 2013-NPL1 AND FILING THE ANSWER WITH THE COURT.** Richard F. Komosinski Knuckles, Komosinski & Elliott, LLP Attorneys for Plaintiff, 565 Taxter Road, Suite 590, Elmsford, NY 10523 Phone: (914) 345-3020 **THIS IS AN ATTEMPT TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. NOTICE TO OCCUPANTS: WILMINGTON SAVINGS FUND SOCIETY, FSB, DOING BUSINESS AS CHRISTIANA TRUST, NOT IN ITS INDIVIDUAL CAPACITY BUT SOLELY AS LEGAL TITLE TRUSTEE FOR BRONZE CREEK TITLE TRUST 2013-NPL1 IS FORECLOSING AGAINST THE OWNER OF THIS PREMISES. IF YOU LIVE HERE, THIS LAWSUIT MAY RESULT IN YOUR EVICTION. YOU MAY WISH TO CONTACT A LAWYER TO DISCUSS ANY RIGHTS AND POSSIBLE DEFENSES YOU MAY HAVE.** TO THE ABOVE NAMED DEFENDANTS: The foregoing Summons is served upon you by publication pursuant to Order the Hon Noach Dear a Justice of the Supreme Court, Kings County, dated Sept. 24, 2016 and filed with the complaint and

other papers in the Kings County Clerk’s Office, Brooklyn, NY **NOTICE OF OBJECT OF ACTION AND RELIEF SOUGHT THE OBJECT** of the above-entitled action is to foreclose a mortgage to secure \$324,800.00 plus interest, recorded in the Office of the County Clerk/City Register of the County of Kings on February 19, 2008 as CRFN: 2008000066509 covering the premises described as follows: 1161 East 88th Street, Brooklyn, New York 11236 a/k/a Block 8054, Lot 16. The relief sought in the within action is final judgment directing the sale of the premises described above to satisfy the debt secured by the mortgage described above. The Plaintiff makes no personal claim against any Defendants in this action except Annmarie James a/k/a Annmarie J. James and Jihan Bethea.- #91132

NOTICE OF SALE SUPREME COURT: KINGS COUNTY. NYCTL 2012-A TRUST AND THE BANK OF NEW YORK MELLON AS COLLATERAL AGENT AND CUSTODIAN, Pltf. vs. RAFAEL R. AMARO, et al, Defts. Index #4747/13. Pursuant to judgment of foreclosure and sale entered June 30, 2015, order to appoint substitute referee entered May 4, 2016 and Order of Hon. Mark I Partnow entered January 9, 2017, I will sell at public auction in Room 224 of the Kings County Supreme Court, 360 Adams St., Brooklyn, NY on Thursday, April 13, 2017 at 2:30 p.m., prem. k/a 150 Jamaica Avenue, Brooklyn, NY a/k/a Block 3651, Lot 1. Approx. amt. of judgment is \$8,123.42 plus costs and interest. Sold subject to terms and conditions of filed judgment and terms of sale. BERNARD ALTER, Referee. THE DELLO-IACONO LAW GROUP, P.C. F/K/A THE LAW OFFICE OF JOHN D. DELLO-IACONO, Attys. for Pltf., 105 Maxess Rd. Ste. 205, Melville, NY. File No. File No. 13-024265- #90893

SUPREME COURT OF THE STATE OF NEW YORK COUNTY OF KINGS SUPPLEMENTAL SUMMONS Mortgaged Premises: 73 MILFORD STREET BROOKLYN, NY 11208 District: Section: Block: 4153 Lot: 7 Plaintiff designates KINGS as the place of trial situs of the real property INDEX NO. 504798/2016 NATIONSTAR MORTGAGE LLC, Plaintiff, vs. TERRI MCLEOD, if living, and if she be dead, any and all persons unknown to plaintiff, claiming, or who may claim to have an interest in, or general or specific lien upon the real property described in this action; such unknown persons being herein generally described and intended to be included in the following designation, namely: the wife, widow, husband, widower, heirs at law, next of kin, descendants, executors, administrators, devisees, legatees, creditors, trustees, committees, lienors, and assignees of such deceased, any and all persons deriving interest in or lien upon, or title to said real property by, through or under them, or either of them, and their respective wives, widows, husbands, widowers, heirs at law, next of kin, descendants, executors, administrators, devisees, legatees, creditors,

trustees, committees, lienors and assigns, all of whom and whose names, except as stated, are unknown to plaintiff; JOSE RUIZ; NEW YORK CITY ENVIRONMENTAL CONTROL BOARD; NANCY SUNSHINE, KINGS COUNTY CLERK; PEOPLE OF THE STATE OF NEW YORK; UNITED STATES OF AMERICA, “JOHN DOE #1” through “JOHN DOE #12,” the last twelve names being fictitious and unknown to plaintiff, the persons or parties intended being the tenants, occupants, persons or corporations, if any, having or claiming an interest in or lien upon the premises, described in the complaint, Defendants. To the above named Defendants YOU ARE HEREBY SUMMONED to answer the complaint in this action and to serve a copy of your answer, or, if the complaint is not served with this summons, to serve a notice of appearance on the Plaintiff’s Attorney within 20 days after the service of this summons, exclusive of the day of service (or within 30 days after the service is complete if this summons is not personally delivered to you within the State of New York) in the event the United States of America is made a party defendant, the time to answer for the said United States of America shall not expire until (60) days after service of the Summons; and in case of your failure to appear or answer, judgment will be taken against you by default for the relief demanded in the complaint. **NOTICE OF NATURE OF ACTION AND RELIEF SOUGHT THE OBJECT** of the above caption action is to foreclose a Mortgage to secure the sum of \$480,000.00 and interest, recorded on December 17, 2008, at Instrument number 2008000479217, of the Public Records of KINGS County, New York, covering premises known as 73 MILFORD STREET BROOKLYN, NY 11208. The relief sought in the within action is a final judgment directing the sale of the premises described above to satisfy the debt secured by the Mortgage described above. KINGS County is designated as the place of trial because the real property affected by this action is located in said county. **NOTICE YOU ARE IN DANGER OF LOSING YOUR HOME** If you do not respond to this summons and complaint by serving a copy of the answer on the attorney for the mortgage company who filed this foreclosure proceeding against you and filing the answer with the court, a default judgment may be entered and you can lose your home. Speak to an attorney or go to the court where your case is pending for further information on how to answer the summons and protect your property. Sending a payment to the mortgage company will not stop the foreclosure action. **YOU MUST RESPOND BY SERVING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE PLAINTIFF (MORTGAGE COMPANY) AND FILING THE ANSWER WITH THE COURT.** Dated: August 23, 2016 RAS BORISKIN, LLC Attorney for Plaintiff BY: SHANNON FUHRMAN, ESQ. 900 Merchants Concourse, Suite 106 Westbury, NY 11590 516-280-7675

Chuck Berry Hailed as Founder of Rock and Roll



Following the news of legendary musician Chuck Berry’s death, social media was flooded with condolences and heartfelt messages about the star. Berry died in his St. Charles, Missouri home on Saturday when police responded to a medical emergency and tried to revive the unresponsive singer. He was 90. Celebrities posted on Twitter and Facebook, sharing their love and memories of the beloved rock and roll star. Rolling Stones member Mick Jagger posted a three-part dedication to Berry writing: “I am so sad to hear of Chuck Berry’s passing. I want to thank him for all the inspirational music he gave to us. He lit up our

teenage years and blew life into our dreams of being musicians and performers. His lyrics shone above others & threw a strange light on the American dream. Chuck, you were amazing & your music is engraved inside us forever.” Record producer Randy Jackson posted on Twitter: “To the greatest rock and roll pioneer of all time, RIP Chuck Berry. We all thank u.” Singer John Mayer shared his love for Berry on his Facebook wall writing, “Legend. Architect. He built the tools that built the house. Rock on forever. #RIP Chuck Berry.” Justin Timberlake posted on Twitter:

“Pioneer. Innovator. Legend. All-around BADASS. RIP #ChuckBerry.” Elton John posted on Twitter: “The greatest rock & roll songwriter of all time. Thanks for all those wonderful records that will define rock music forever. #RIPChuckBerry” The Jacksons also posted a joint statement on Twitter writing that Berry “cast one of the longest shadows.” Paul McCartney wrote on Facebook: “Chuck Berry sadly passed away over the weekend. He was one of rock ‘n’ roll’s greatest poets. He will be missed but remembered by everyone who ever loved rock ‘n’ roll.” His Beatles bandmate Ringo Starr posted on Twitter, calling the singer “Mr. Rock ‘n’ Roll Music.” Keith Richards: “One of my big lights has gone out.” @KeithUrban RIP Chuck Berry !!!! Thank you for the poetry, the passion and the potency! GO JOHNNY GO. Huey Lewis: Chuck Berry. Maybe the most important figure in all of rock and roll. His music and his influence will last forever. – Huey JohnStamos: One of the most underrated lyricists- #RIPChuckBerry Alyssa Milano: Rest in Peace, Chuck Berry. You changed music. You changed everyone that listened to your music. Thank you. George Takei: A legend is gone. Half the rock-n-roll artists today wouldn’t be playing had Chuck not been there at the beginning. LA Reid: Music was changed forever by Chuck Berry’s groundbreaking impact. What a great life in music. Bootsy Collins: Dang, another one not

funkin’ with us. Our Rock & Roll legend Mr. Chuck Berry has changed frequencies today. Questlove Gomez: Thou Shall Have No Other Rock Gods Before Him. #ChuckBerry rip @ Rock & Roll Hall of Fame Al Roker: The legendary roll ‘n’ roll pioneer #ChuckBerry has passed at 90. There would be no rock music today without him. #Rip #rip #RIP Stephen King: Chuck Berry died. This breaks my heart, but 90 years old ain’t bad for rock and roll. Johnny B. Good forever. Greg Proops: Chuck Berry invented us. Neil Portnow, president and CEO of the Recording Academy, the organization behind the Grammys, said in a statement: “Chuck Berry was arguably the founding father of rock and roll. Not just because he was one of its greatest songwriters and established some of the electric guitar’s earliest and most memorable riffs, but also because he was one of music’s most palpably exciting entertainers and biggest personalities. “His influence on the giants that followed him, such as the Beatles, Beach Boys and many others, is well-documented. Chuck received a Lifetime Achievement Award from the Recording Academy in 1984, our formal acknowledgment of his immeasurable contributions to American culture. He will be greatly missed, but the gift of his music will live on forever.” News of Berry’s death was confirmed by the St. Charles County Police Department in Missouri, who said they responded to the singer’s home for a medical emergency and found the legend unresponsive. After attempting to revive him, Berry was declared dead at 1:26 p.m. local time.

Legendary columnist Jimmy Breslin Passed March 18. He was 88.

Jimmy Breslin wrote a number of columns on Donald Trump and it is safe to say, he didn’t think much of the man. Below is one such column.

Violent Language, Between You and I

The following column by Jimmy Breslin was published in Newsday on May 2, 1989. It has been reported by reliable people, and my own ears, that Donald Trump says, “Between you and I.” Of course this is the unmistakable line between those who care enough about their own language to learn the object of a preposition and those in need of remedial. When the unwashed get to the word “between” while speaking, the first thing their ear tells them is that “Between you and I” is right because it has a tonier sound to it, almost regal they imagine, than “between you and me.” Therefore such people as Donald Trump say, “Confidentially, between you and I . . . “ And the listener, ears flinching, immediately learns quite a bit about Trump. This also provides Trump with his proper name in this city. From this point on, he shall forever be known as “Between You and I” Trump. Knowing this, one recoiled, but was hardly suprised to find in the newspapers this morning a full-page advertisement by “Between You and I” Trump in the insolent, cruel words one would expect of him for, of course, lack of knowledge of a language always breeds words of thuggery. The ad for the first time reveals all the rest of the things that anybody would want to know about Donald Trump. In his ad, which ran in all four of the

city’s newspapers, “Between You and I” Trump practically called for the death of the teenagers arrested for the rape and attack on the 28-year-old jogger in Central Park. As the young woman is not dead and those arrested for her attack do not as yet even have a trial date, much less guilt established, his scream for vengeance could be considered premature by some. At a time of shocking crime, it seems best to have authorities who in low, cold voices will persist, persist, persist and see that the guilty are surely and as swiftly as possible given proper punishment. Outside the courthouse, beware always of the loud-mouth taking advantage of the situation and appealing to a crowd’s meanest nature. And here yesterday is what “Between You and I” Trump had in his ad in every paper in this city: “Mayor Koch has stated that hate and rancor should be removed from our hearts. I do not think so. I want to hate these muggers and murderers. They should be forced to suffer and, when they kill, they should be executed for their crimes . . . Yes, Mayor Koch, I want to hate these murderers and I always will. I am not looking to psychoanalyze them or understand them, I am looking to punish them . . . I no longer want to understand their anger. I want them to understand our anger. I want them to be afraid.” Such violent language sounds as if it were coming from someone who walks around with bodyguards.



Let us now turn to how the legitimate tough guys speak of violence. We had in Metropolitan Hospital the other night, at the bedside of the 28-year-old victim of the attack, the following: Her badly wounded mother, father and two brothers. Officer Steven McDonald, paralyzed forever by a bullet. McDonald was shot by a 15-year-old at a spot in Central Park only a hundred yards away from where the young woman was attacked. Also present was Father Mychal Judge, a priest who spends all his time with those dying with AIDS. All stood around the young woman’s bed and held hands and prayed. The family of the young woman did not stop expressing their gratitude for all those who pray for their daughter. “Forgiveness,” Steven McDonald said in a wheelchair he can never leave. “We must forgive or we cannot be,” Father Mychal Judge said. The language of those who know. The curious thing about “Between You and I” Trump is not that he destroyed himself yesterday, for all demagogues ultimately do that, but why he became so immensely popular with the one group of people who are supposed to be the searchlights and loudspeakers that alert the public to the realities of such a person. That would be those who work in

the news business. Even the most unhostile of eyes cannot say that his buildings are not ugly. Yet all news stories say “imaginative” when common sense shouts “arrogant.” Always, the television and newspapers talk of his financial brilliance, when anybody in the street knows that most of “Between You and I” Trump’s profits come from crap games and slot machines in Atlantic City, the bulk of that, the slot machines, coming from old people who go down there with their Social Security checks. It also is an undeniable fact of life that gambling keeps bad company. Yet with the one quality Trump has, amazing brashness - “I just bought the sky!” - he has overwhelmed the newspapers and television more than any one we ever have had in this city. Barnum or Mike Todd used guile and chicanery, but Trump understood that this year, you can blind their minds by showing them a diamond. During a celebration of greed he became toastmaster. It would be comforting if “Between You and I” Trump was doing it the old way, by having half the reporters on a payroll someplace. But the news business today is so utterly dishonest that the people are below taking bribes. Instead, Trump buys them with a smile, a phone call or a display of wealth that so excites these poor fools that they cannot wait to herald his brilliance. “He let me see his yacht!” And so “Between You and I” Trump, who runs crap games and slot machines, became an all-news person. Trump today bought a man a wooden leg! All candidates stand with sides lathered with excitement as they wait for Donald Trump’s endorsement! His thinking on anything was accepted. One paper - I think it was the Times, but I have all these piles of clips around me and to tell you the truth I cannot read them - ran four separate stories on Donald Trump in one day. Finally yesterday, in order to cash in on a young woman in a coma, to make an unedited statement, he ran his ad and showed himself for all to see what he was.

Missing Leola



Photo: Bernice Green

Leola Maddox, center, with the Tawana Brawley defense team.

Our Time Press mourns the passing of Leola Maddox, beloved wife of Attorney Alton Maddox.

Sister Maddox, a former librarian at Medgar Evers College and, for many years, a director of the United African Movement's summer Freedom Camp for young people, was an inspiring and compassionate friend, a woman of wit, grace, humility and courage. She also was a writer and editor. Leola got things done, and never sought credit.

This writer interviewed her in Poughkeepsie, NY, August 1998 for the article "Leola Maddox Speaks: On Alton,

On Life, On Being Black in America" which appeared in Our Time Press' *Evidence Concealed, Now Revealed* 44-page special edition.

She said: "Love of my race was instilled in me at an early age. By the time I was in my 20's, it was instilled in me to be proud of who you are and you never met Can't 'cause Can't died -- according to my teachers -- before they were born.

"I attended high school in Manchester, Ga. I went to Fort Valley State College, Boston State University and Simmons College. But by having black teachers (back

in Georgia), we got a little more black history. Even though it was not in the books, these black teachers taught us what they knew. We lost so much when we lost them, the least of which was a connection to everything that makes us strong."

Leola made us strong. Warrior woman describes the bravest amongst us, but no one in our lives comes as close to the title as Leola.

Homegoing services will be held in Georgia on Saturday, March 25, 2017. A memorial service will be held in New York at a date to be announced. (Bernice Elizabeth Green/Legacy)

Poet Gwendolyn Brooks honored at 2017 National Black Writers Symposium, March 25

This year 2017 marks the Centennial of the birth of Gwendolyn Brooks, the first Black author to win the Pulitzer Prize, an Illinois poet laureate and the author of more than 20 books of poetry.

Saturday, March 25, "Our Miss Brooks" will be celebrated at the 2017 National Black Writers Conference taking place at Medgar Evers College.

"Brooks was a formidable literary figure and a lifelong chronicler of Black life in America who expressed Black experiences in America with her artistic, courageous and politically charged poetry and prose," says Brenda M. Greene, chair, Department of English, Medgar Evers College, and executive director of the Center for Black Literature.

"Our Miss Brooks: A Centennial Celebration" program will include reflections on Brooks' life, a discussion of the impact and significance of her literary works and dramatic presentations inspired by her passionate and literary work.

Dr. Haki R. Madhubuti, author, poet and publisher of Third World Press, will be the keynote speaker

CEMOTAP Observes its 30th Anniversary of Media Activism

CEMOTAP, Committee to Eliminate Media Offensive to African People, has special plans for its 30th Anniversary Celebration on Saturday, April 1, 2017 at 2 P.M. when renowned Constitutional Atty. Gloria Browne-Marshall will keynote a program that will include paying tribute to four unsung activists. Prof. James Blake, student advisor at Borough of Manhattan Community College; Sister Fredrica Bey, Newark, New Jersey powerhouse activist; Pam Africa, indefatigable advocate for renowned political prisoner Mumia Abu-Jamal and African-centered artist Lucian Pinckney. Each will be recognized for their invaluable service to the African race. The celebration will be held at the Robert R. Johnson Family Life

Center, 172-17 Linden Blvd., St. Albans, New York, the site where CEMOTAP held its first meeting. Respondents to Atty. Marshall's message will be Imhotep Gary Byrd, broadcast veteran and Newark activist Larry Hamm.

Thirty years ago, CEMOTAP stepped up to confront the forces of corporate media racism after deciding that enough was enough. Enough of radio jocks whose programs were primarily used to demean and degrade Black life; enough of the New York Post identifying and criminalizing Black folks as being lazy, untrustworthy deadbeats; enough of both electronic and print media savaging the image of Black folks with impunity. "Our name says it all," says Yvonne Hill, founding member.

For thirty years, CEMOTAP has been supported by its community. It has never sought nor accepted grants or funds from outside sources. The steadfast support of the community enabled the organization to own its headquarters at 135-05 Rockaway Blvd., South Ozone Park. Since its inception, CEMOTAP's role has included holding on-going media, economic and social education forums, teach-ins, research, appearances on radio and television demonstrating, lobbying and polling as well as providing support for conscious individuals whose reputations were damaged by racist media. CEMOTAP forums are shown every Saturday and Sunday on Wat Cable TV. "We have stayed the course," said Betty Dopson, "and we are not slowing down." Everyone is invited,



Betty Dopson

especially longtime members. Admission is free. [Call 718.322.8454 for additional information]

HAPPY VERNAL EQUINOX! SPRING IS HERE!

→ Continued from page 4

Brenda Mary Smith, David Walker, Pharrell Williams and Gloria Dulan Wilson,

RIP: Dr. Bernadette Whitley Penceal joined the ancestors last week. A Syracuse University, CCNY alumna, Bernadette earned her Ph.D. in Education at Fordham University. Her educator/administrator credits include Hunter College, NYU, the College of New Rochelle, FIT and the Greenhaven Maximum Security Prison. She and Sam Penceal, her husband of 50 years, were THE education power couple. She will be funeralized at the Convent Avenue Baptist Church, located at 420 West 145th Street, Harlem, on Thursday, March 23rd. Viewing: 10 am, Service at 11 am. In lieu of flowers, the family requests that donations should be made in her name to Urban Resources

Institute, Attn: Shannon Carey, 75 Broad Street, #505, New York, NY 10004.

MARCH MADNESS

Foodies, check out this NYC Best Bet: More than 60 Brooklyn restaurants are participating in the DINE IN BROOKLYN 2017 promotion, from March 20-30. All cuisines are available from Caribbean, Soul, Asian, French, Italian to Mexican and Mediterranean. Three-course dinner @ \$28, lunch @ \$15 and weekend brunch @ \$12. This is the second year of the uniquely Brooklyn version of Restaurant Week. #DineInBK

The NY Historical Society Speakers Series presents a talk, IMMIGRATION AND VOTING RIGHTS, about how America protects civil and political rights of newcomers with legal experts Akhil Reed, Amar Denny

Chin and Cristina Rodriguez on March 25 at 10 am, at 170 Central Park West at 77th Street, Manhattan.

Cuban jazz pianist Elio Villafranca and his band perform in concert in the second iteration of his "Letters To Mother Africa Series: Cuba Senegal" at the Aaron Davis Hall, City College campus on Convent Avenue at 135th Street on March 31 at 7:30 pm.

The 20th Annual David N. Dinkins Leadership and Public Policy Forum convenes March 30, 6-9 pm at the Miller Theatre at Columbia University. U.S. Congressman John Lewis will be the keynote speaker. Welcome remarks will be made by Columbia President Lee Bollinger and David Dinkins and a panel discussion follows.

The 14th Annual Africa Economic Forum convenes April 1st, 8 am to 6 pm at the Columbia Law School, located at 435 West



John Lewis

116th Street, Manhattan. The 2017 AEF theme is "Building Bridges, Breaking Barriers, Harnessing the Power of an Open Africa."

Forum keynote speakers include Amina J. Mohammed, Hakeem Belo-Osagie and Asiawaju Bola A. Tinubu. Some of the topics for discussion are Private Equity, Entrepreneurship, Regional Integration and African Narratives. [Visit AEF Columbia.org]

A Harlem-based management consultant, Victoria Horsford is reachable at Victoria.horsford@gmail.com.