

411 Teen on 88.9 WFSU-FM

SUNDAYS, 2 PM ET - 3 PM ET

HOSTED BY DR. LIZ HOLIFIELD

Join host Dr. Liz Holifield for "411 Teen," a locally produced program, created with teen input for a teenage audience. Guests provide insights into topics that concern adolescents. Over the last twenty years, programs have enlightened young people on countless subjects such as college admission, eating disorders, sexually transmitted disease, career planning, civic associations focusing on young people, and politics, to name but a few.

411 Teen airs Sundays at 2:00 pm ET On 88.9 WFSU-FM.

411 Teen: The Student Resistant Handbook

By WFSUNews • 2 HOURS AGO

Cevin Soling, author, filmmaker, philosopher and musician, discusses his latest book, *The Student Resistant Handbook*.

Host: Dr. Liz Holifield

Original airdate: October 6, 2019

411 Teen: Politics Rap

By WFSUNews • SEP 30, 2019

IB students from Rickards High School, representative of diverse political perspectives, examine and discuss the local, state, and national political climate.

Host: Dr. Liz Holifield

Original airdate: September 29, 2019

411 Teen: Mental Health

By WFSUNews • SEP 23, 2019

FAMU graduate students in Community Mental Health discuss community attitudes on mental health; assessing the impact of age, race, culture, ethnicity, education, geographical locale, gender.

Host: Dr. Liz Holifield

Original airdate: September 22, 2019

411 Teen: Mark Perna - Answering Why

By WFSUNews • SEP 16, 2019

Mark C. Perna's new book *Answering Why: Unleashing Passion, Purpose And Performance In Younger Generations* helps unlock the potential of young people everywhere, and inspires young folks to achieve their goals and make a difference in today's world.

Host: Dr. Liz Holifield

Original airdate: September 15, 2019

411 Teen: Edmentum

By WFSUNews • SEP 9, 2019

Career Technical Education prepares students for work. Edmentum is an educational technology company, providing web-based learning solutions. Edmentum CEO Ryan Hagedorn, discusses online learning and career technological education.

Host: Dr. Liz Holifield

Original airdate: September 8, 2019

411 Teen: Dr. Crabtree on Sleep

By WFSUNNEWS · AUG 26, 2019

Second in a series about sleep, Dr. Valerie Crabtree, sleep expert at St. Jude's Research Hospital, explores adolescent sleep patterns and reviews the research on sleep and young folks. She discusses the recommendations for school systems and school start times.

Host: Dr. Liz Holifield

Original airdate: August 25, 2019

411 Teen: SAIL Students on Sleep

By WFSUNNEWS · AUG 19, 2019

SAIL High School students discuss their sleep habits, and problems experienced with sleep deprivation, exploring how sleep or the lack of it impacts their daily lives.

Host: Dr. Liz Holifield

Original airdate: August 18, 2019

411 Teen: Hate And The Media

By WFSUNNEWS · AUG 4, 2019

SAIL High School students explore the impact of social media on the increase of hate groups and violent acts of hate on vulnerable populations.

Host: Dr. Liz Holifield

Original airdate: August 4, 2019

411 Teen: Relentless Athletics

By WFSUNNEWS · JUL 29, 2019

Relentless Athletics specializes in the development of the female athlete. It provides proper education and training on a scientifically proven approach to strength training, sports nutrition, and sports injury rehabilitation. Emily Pappas, founder of Relentless Athletics, shares a history of women in sports.

Host: Dr. Liz Holifield

Original airdate: July 28, 2019

411 Teen: Designer Babies / Genetics

By WFSUNNEWS · JUL 23, 2019

Students from SAIL High School discuss the ramifications of being able to choose your child's traits, and other subjects.

Host: Dr. Liz Holifield

Original airdate: July 21, 2019

411 Teen: Kaplan Test Director Sam Pritchard

By WFSUNNEWS · JUL 15, 2019

Sam Pritchard, director of college preparation for Kaplan Test Prep discusses the elimination of the standardized test requirement, and how colleges have been grappling with ways to diversify their student populations.

Host: Dr. Liz Holifield

Original airdate: July 14, 2019

411 Teen: Career Technical Education

By WFSUNNEWS · JUL 1, 2019

Students enrolled in Career Technical Education at Lively Technical College discuss their educational choices and options, and the benefits of the program selection. City Commissioner Curtis Richardson joins the discussion, as Recruiter for Lively Technical College.

Host: Dr. Liz Holifield

Original airdate: June 30, 2019

411 Teen: Politics Rap

By WFSUNNEWS · JUL 1, 2019

IB students from Rickards High School, representative of diverse political perspectives, examine and discuss the local, state, and national political climate.

Host: Dr. Liz Holifield

Original airdate: July 7, 2019

411 Teen: College Admission

By WFSUNNEWS · JUN 24, 2019

College admission officer Joe Korfmacher shares beneficial information concerning the college admission process, addressing application, essays, test scores and other matters.

Host: Dr. Liz Holifield

Original airdate: June 23, 2019

411 Teen: Distracted Drivers

By WFSUNNEWS · JUN 17, 2019

Laura Adams, Safety & Education Analyst for DriverEd.com talks with 411 Teen.

Host: Dr. Liz Holifield

Original airdate: March 17, 2019

Rebroadcast: June 16, 2019

411 Teen: Opioid Addiction

By WFSUNNEWS · JUN 10, 2019

Lou Alpert, author of *Surrender: A Love Letter To My Daughter* talks with 411 Teen about opioid addiction.

Host: Dr. Liz Holifield

Original airdate: June 9, 2019

411 Teen: Tallahassee Community College

By WFSUNNEWS · JUN 3, 2019

Sabrina Stewart, representing Tallahassee Community College, shares information on admissions, resources, coursework and other matters related to studying at TCC.

Host: Dr. Liz Holifield

Original airdate: June 2, 2019

411 Teen: Conversion Therapy

By WFSUNNEWS · MAY 27, 2019

An interview with Vellah Jones, founder of the Children's Committee to End Conversion Therapy.

Host: Dr. Liz Holifield

Original airdate: May 26, 2019

411 Teen: College Admission Process

By WFSUNNEWS · MAY 20, 2019

College admission officer and counsellor Casey Near discusses the college application process, standardized testing, essays and the recent college admission scam.

Host: Dr. Liz Holifield

Original airdate: May 19, 2019

411 Teen: Temple Israel Student Advocates

By WFSUNNEWS · MAY 13, 2019

High school students from Temple Israel Synagogue discuss advocacy and their trip to Washington, DC and their visits to the offices of senators and congressmen.

Host: Dr. Liz Holifield

Original airdate: May 12, 2019

411 Teen: Lively Aviation Program

By WFSUNNEWS · MAY 6, 2019

Aviation instructor Joseph Garcia, Lively Technical College administrator Shelly Bell, and students join 411 Teen to explore the aviation program at Lively.

Host: Dr. Liz Holifield

Original airdate: May 5, 2019

411 Teen: Maya Van Rossum

By WFSUNNEWS · APR 29, 2019

Maya Van Rossum, author, attorney, environmental activist and CEO of Delaware Riverkeeper talks with students from SAIL High School about the environment and activism.

Host: Dr. Liz Holifield

Original airdate: April 28, 2019

411 Teen: African-American Male Mental Health

By WFSUNNEWS · APR 22, 2019

FAMU students discuss African-Americans and mental health attitudes, particularly in males.

Host: Dr. Liz Holifield

Original airdate: April 21, 2019

411 Teen: Florida YouthShine

By WFSUNNEWS · APR 15, 2019

Florida YouthShine (*Striving High For Independence And Empowerment*) is a youth-run peer organization that empowers former and current foster youths to become leaders and advocates in their communities. They discuss their organization and future plans.

Host: Dr. Liz Holifield

Original airdate: April 14, 2019

411 Teen: Links Beautillion

By WFSUNNEWS · APR 8, 2019

The Tallahassee chapter of The Links, Incorporated celebrates its ninth Beautillion with 19 African-American young men. All participants completed a seven-week course and were awarded with an academic scholarship.

Host: Dr. Liz Holifield

Original airdate: April 7, 2019

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