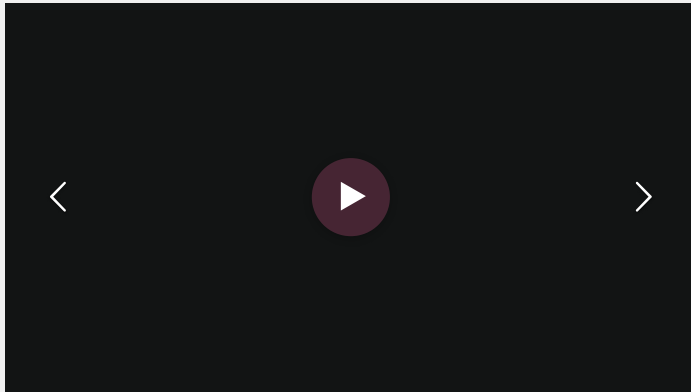




Goodbye Hurt & Pain w/ Dr. Deborah Sandella & Sister Jenna on America Meditating

Broadcast in **Self Help** a year ago



- #Dr. Deborah Sandella
- #Sister Jenna
- #Interview with Dr. Deborah Sandella
- #Health
- #Wellness
- #Healing
- #Goodbye Hurt & Pain 7 Simple Steps to Health Love and Success
- #Psychotherapist
- #RIM Method
- #Neuroscience
- #Stress Reduction
- #Quality of Life
- #USA Today
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- #CNN
- #Jack Canfield
- #Spirituality
- #Awakening
- #Outstanding Clinical Specialist
- #Research Excellence
- #EVVY Best Personal Growth Book Award
- #www.GoodbyeHurtandPain.com
- #www.riminstitute.com
- #www.AmericaMeditating.org
- #Consciousness
- #Blog Talk Radio
- #Podcast

Dr. Deborah Sandella is the author of the #1 International Bestseller "Goodbye Hurt & Pain, 7 Simple Steps to Health, Love and Success." She is an award-winning psychotherapist, university professor, and the originator of the groundbreaking RIM Method, which is a heavily-backed neuroscience tool proven to reduce stress and improve quality of life.

Dr. Deb has been featured in the media - including USA TODAY, CBS, and CNN. She frequently shares the stage with Jack Canfield and is co-author of their "Awakening Power" meditation program. Her numerous professional awards include, "Outstanding Clinical Specialist," "Research Excellence," and an "EVVY Best Personal Growth Book Award." Visit www.GoodbyeHurtandPain.com & www.riminstitute.com.

Get the [Inclusion Revolution CD](#) by Sister Jenna. Like [America Meditating](#). Visit our website at www.AmericaMeditating.org. Download our free Pause for Peace App for [Apple](#) or [Android](#).

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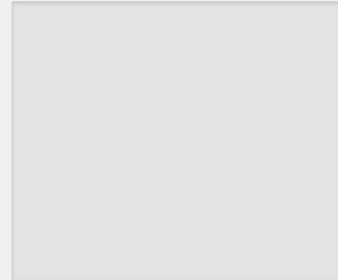
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